

July



## AWARENESS

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### July is Park and Recreation Month



[Park and Recreation Month Toolkit 2024](#)

For nearly 40 years, we have celebrated Park and Recreation Month in July to promote building strong, vibrant and resilient communities through the power of parks and recreation. This month is dedicated to recognizing and celebrating the more than 160,000 full-time park and recreation professionals — along with hundreds of thousands of part-time and seasonal workers and volunteers — who maintain our country’s local, state and community parks.

This year's theme — **“Where You Belong”** — celebrates the many ways park and recreation professionals across the country foster a sense of belonging in their community by providing welcoming and inclusive programs, essential services for all ages and abilities, and safe, accessible spaces to build meaningful connections.

- If you want to explore Pennsylvania’s great outdoors, you’ve come to the right place. DCNR’s Bureau of State Parks manages 124 state parks with more than 300,000 acres for these popular [outdoor recreation activities](#) and more. [PA State Parks](#)
- Pennsylvania Comprehensive Cancer Control Program partners with DCNR to supply sunscreen and education at PA State Parks! Read more here: [DCNR Announces Expansion of Program Supplying Free Sunscreen at State Parks Throughout Pennsylvania Ahead of National Sunscreen Day](#)



## July is Sarcoma Awareness Month

Sarcomas are cancers that develop from bones or soft tissues, such as fat, muscles, nerves, and more. Because bone and soft tissues can be found nearly everywhere in the body, a sarcoma can start in any part of the body.

- 60% begin in an arm or leg
- 30% start in the torso or abdomen
- 10% occur in the head or neck

Both children and adults can develop a sarcoma. It is rare, accounting for about 1% of all adult cancers.

However, sarcomas represent about 15% of all **childhood cancers**.

Sarcomas are divided into two main groups: bone sarcomas and soft tissue sarcomas. They are further sub-classified based on the type of presumed cell of origin found in the tumor. They all share certain microscopic characteristics and have similar symptoms.

Although rare, there are approximately 17,000 new cases of sarcoma diagnosed each year in the United States.

Because sarcomas are rare, it is important to find physicians who have expertise with sarcomas.



- [Sarcoma Awareness Month Social Media Toolkit - Sarcoma Foundation of America \(curesarcoma.org\)](#)
- American Cancer Society [Key Statistics for Soft Tissue Sarcomas | American Cancer Society](#)
- NIH National Cancer Institute Surveillance, Epidemiology, and End Results Program [Soft Tissue Cancer — Cancer Stat Facts](#)

## **TRAINING, EDUCATION, & RESOURCES**

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- AI tool developed by NCI researchers uses routine clinical data, such as that from a simple blood test, to predict whether someone's cancer will respond to immune checkpoint inhibitors, a type of immunotherapy. [AI tool helps determine if immunotherapy drugs are effective for treating a patient's cancer - NCI](#)
- This study aimed to investigate environmental, psychosocial, and modifying factors influencing lung cancer screening decision-making and develop a conceptual framework depicting relationships between these factors. [Patient Lung Cancer Screening Decisions and Environmental and Psychosocial Factors | Oncology | JAMA Network Open | JAMA Network](#)

- Updated information on Colorectal Cancer Susceptibility Genes and Major Genetic Syndromes [Genetics of Colorectal Cancer \(PDQ®\) - NCI](#)
- A trial led by [Jason M. Redman, M.D.](#), Assistant Research Physician in the [Center for Immuno-Oncology](#), is studying combination immunotherapy for colorectal cancer. [Clinical trial researching combination immunotherapy for colorectal cancer | Center for Cancer Research](#)



## [Ways to Deal with Appetite Loss During Cancer Treatment](#)

Lack of appetite, or not feeling like eating much, is a common side effect of cancer and its treatment. Boost your appetite naturally with these 10 tips that include food options for cancer patients who are experiencing hunger loss



- Check out our Spanish-Language Resources- Many of our fact sheets about complementary and integrative health topics—including those on dietary supplements, weight control, diabetes, and bodybuilding, are available in Spanish as well as English. Go to our [Spanish-language home page](#) for a full list. We also have a [Spanish version](#) of our Know the Science health literacy toolkit, with information on drug-supplement interactions, making sense of scientific journal articles, understanding complementary health vocabulary, and much more. [Health Information in Spanish | NCCIH \(nih.gov\)](#)





[Highlights from 2021 Cancer Incidence with Comparisons to Previous Years | U.S. Cancer Statistics | CDC](#)

[CDC News & Updates | CDC](#)

GET A CLOSER LOOK AT U.S. CANCER DATA



The latest [U.S. Cancer Statistics](#) show that new cancer cases diagnosed in 2021 were higher than in 2020, but were slightly lower than pre-pandemic levels, especially among adults 40 years or older and men. This may have been due to continued gaps in cancer screening and diagnosis caused by the COVID-19 pandemic.

[U.S. Cancer Statistics](#) are the official federal cancer statistics, providing cancer information on the U.S. population. Statistics on cancer incidence combine cancer registry data from [CDC's National Program of Cancer Registries \(NPCR\)](#) and the National Cancer Institute's [Surveillance, Epidemiology, and End Results \(SEER\)](#) Program and include important clinical, demographic, and outcome data.

The latest data include information about new cancer cases diagnosed through 2021, the first year after the COVID-19 pandemic began. The data release also includes cancer deaths through 2022. From 2020 to 2021, the rate of new cancer cases:

- Increased most for cancers commonly diagnosed during preventive or routine health visits such as breast, prostate, colon and rectum, melanoma, and thyroid cancer.
- Increased more among women than among men.
- Increased more among non-Hispanic Asian and Pacific Islander people than among people of other racial and ethnic groups.

CDC will continue to monitor data to understand the effect of the COVID-19 pandemic on cancer incidence and mortality. The latest cancer data can be used to create and evaluate prevention programs, conduct research, and take actions to reduce health disparities to improve cancer outcomes for all. CDC will continue to encourage people to get back into routine screening. Read the USCS Data brief for highlights from the 2021 data.



- ACS Webinar Series for Cancer Coalitions [ACS-CCC-Webinar-Series-Graphic-800x800-v04.pdf \(acs4ccc.org\)](#)
- Promoting Colorectal Cancer Screening in the African Methodist Episcopal (AME) Church Community- Join the American Cancer Society (ACS), the Centers for Disease Control and Prevention (CDC), Kaiser Permanente Center for Health Research (KPCHR) and members of the [African Methodist Episcopal \(AME\) church](#) for a webinar to learn more about how to promote colorectal cancer screening in the AME church community. During the webinar you'll learn about ACS's pilot project to develop and disseminate tailored colorectal cancer screening messaging in partnership with African American faith leaders from the Atlanta East District of the AME church. **July 17, 2024 (1-2 PM EST) Register Today [HERE](#)**

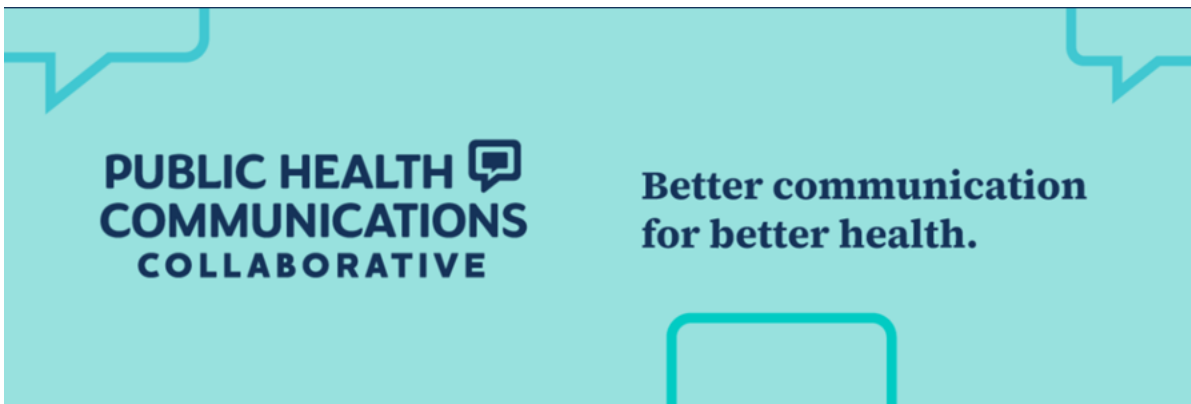
- **NEW!** The [Resource Guide: Promoting Screening for Colorectal Cancer in the AME Church Community](#), shares quick start steps for developing and implementing your own community action plan using community-based colorectal cancer screening messages.
- **Increasing Food Security Efforts Across the Cancer Continuum: A Toolkit for Comprehensive Cancer Control Coalitions.** This helpful food security toolkit for CCC coalitions contains resources and recommendations that are aligned with the Whitehouse National Strategy for improving food access and affordability and integrating nutrition into disease management. The prevalence of low food security among people with cancer and their caregivers is much higher than the prevalence in the general population. [ACS-FI-Toolkit GSCN-2023-1.pdf \(acs4ccc.org\)](#)
- **Cancer Survivors' Views Make a Difference-** [ACS CAN's Cancer Survivors' View](#) is a groundbreaking program designed to further engage cancer survivors in the important policy issues that are part of [ACS CAN's](#) fight against cancer. Over 3,000 cancer survivors have agreed to participate in Survivor Views by responding to regular surveys on policy issues that support the prevention, detection and treatment of cancer and promote survivors' quality of life. [Survivor Views | American Cancer Society Cancer Action Network \(fightcancer.org\)](#)
- **Cancer in People who identify as Lesbian, Gay, Bisexual, Transgender, Queer, or Gender-nonconforming-** In a first-of-its-kind study, the American Cancer Society on May 31 released "[Cancer in People who Identify as Lesbian, Gay, Bisexual, Transgender, Queer or Gender-nonconforming \(LGBTQ+\)](#)". The article provides the latest statistics on the prevalence of cancer screening and modifiable risk factors in LGBTQ+ populations, as well as a review of literature on cancer occurrence and obstacles to cancer prevention and treatment.
  - These important findings are published in the journal Cancer, alongside its consumer-friendly companion, [Cancer Facts & Figures 2024 Special Section: Cancer in People Who Identify as Lesbian, Gay, Bisexual, Transgender, Queer, or Gender-nonconforming](#), to coincide with the start of Pride month in June.
- **NEW! Download today:** [ACS National Colorectal Cancer Roundtable's Brief: Increasing Colorectal Cancer Screening Among LGBTQ Communities](#)



- Our recently updated topic guide shares information and resources describing how hospice services operate in rural communities and describes related factors and influences that impact hospice operations. Describes the challenges of operating a rural hospice organization, including workforce and reimbursement issues, and covers potential strategies and solutions to address related issues. [Rural Hospice and Palliative Care Overview - Rural Health Information Hub](#)



- Biden-Harris Administration Announces Availability of \$25 Million to Help Expand High-Speed Internet Access in Rural Areas. U.S. Department of Agriculture (USDA) Rural Development Under Secretary Dr. Basil Gooden announced today that USDA is making available \$25 million through the [Broadband Technical Assistance \(BTA\) Program](#) to help local organizations, cooperatives and Tribes expand affordable, high-speed internet projects in rural communities. The Department will begin accepting applications on June 21, 2024.
  - To learn more, read the full news release here [Biden-Harris Administration Announces Availability of \\$25 Million to Help Expand High-Speed Internet Access in Rural Areas | Rural Development \(usda.gov\)](#)



🌞 **NEW: Beat the Heat: Staying Safe in Extreme Conditions**

Summer is officially here, and it's projected to be one of the hottest on record. As temperatures continue to soar, make sure your community knows how to stay safe. Share our new [Beat the Heat Resource](#)—in English and Spanish—which has best practices for preventing, identifying, and treating heat-related illnesses.

- [Beat the Heat: Staying Safe in Extreme Conditions - Public Health Communications Collaborative \(PHCC\) \(publichealthcollaborative.org\)](#)



## FUNDING OPPORTUNITIES

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[Pennsylvania Funding & Opportunities - Rural Health Information Hub](#)



## COALITION NEWS & ANNOUNCEMENTS

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If you couldn't attend the PCC June 2024 Quarterly meeting, you can view it here:

[PCC Quarterly Meeting 20240620 090358 Meeting Recording \(youtube.com\)](#)

## REMINDERS

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- Please send workgroup minutes and updated action plans to [RA-DHCAB\\_PCC@pa.gov](mailto:RA-DHCAB_PCC@pa.gov) to be uploaded to PCC website.
- Visit [Pennsylvania Cancer Coalition — PA Cancer Control Plan, Resources, Research, Membership \(pacancercoalition.org\)](https://pacancercoalition.org) to view the 2023-2033 PA State Cancer Control Plan, update membership profile, or to access other important coalition information.
- The New Member Guide has been uploaded to the PCC website, you can view it here [Pennsylvania Cancer Coalition - Member Welcome Guide \(pacancercoalition.org\)](https://pacancercoalition.org)

