

## 1 Meeting Logistics

Workgroup	Survivorship
Co-Chairs	Colleen Dwyer Diehl, Amy Jacobs
Date	1/22/2025
Time	8:15-9:15
Location	Zoom
Purpose	Monthly Meeting
Notetaker	Colleen Dwyer Diehl

## 2 Attendees (Name/Organization):

Jackie Nixon Citizens for Radioactive Radon Reduction (CR3)

Katelyn Prosachik UPMC Hillman Cancer Center

Jennifer King PA DOH

Kate Konkle Penn State Cancer Institute

Aimee Hoch Grand View Health Cancer Center

Colleen Dwyer Diehl Cancer Bridges

Megan Maurer Harrisburg Area YMCA

Sandra Gamber Elekta

Diana Fox American Cancer Society
Stefanie Washburn Living Beyond Breast Cancer

Sally Lipsky Plant Based Pittsburgh

Jen Kehm Cancer Bridges

## 3 Agenda

- Welcome

- Introductions, Member Sharing of Resources

#### 4 Welcome/New Members

- Sandra Gamber – Oncology Data Specialist from Elekta

### 5 Action Plan

#### **New Business**

From Sandra Gamber - **World Cancer Day** on Tuesday, February 4. **World Cancer Day** is an international initiative of the Union for International Cancer Control (UICC) and this year's theme is "**United by Unique**" with a goal to place people at the center of their care and create a space for their stories. That sounds like survivorship written all over it! If anyone in the WG wants to promote World Cancer Day within their program and community, the website has posters (which you can customize) and action kits that can be downloaded. "**United by Unique**", the new World Cancer Day theme 2025-2027 | World Cancer Day They do have an activity page with only 4 USA items listed. This site may be an opportunity for WG members to promote their upcoming community engagement events they mentioned today taking place in February. Visit Map of Activities | World Cancer Day and click on the Add a new activity button at the top.



## 6 Open Member Sharing/Action Steps

Everyone shared a little about their organization and some upcoming events. I apologize if I didn't catch everyone's update.

- Stephanie Washburn Living Beyond Breast Cancer Organization <a href="https://www.lbbc.org/">https://www.lbbc.org/</a> LBBC is actively recruiting their next cohort of Hear My Voice Metastatic Advocates. This year the training will be held virtually. Applications will be accepted until January 29, 2025. For specific times, more information, and application visit //lbbc.org/hearmyvoice.
- Aimee Hoch <u>ahoch@gvh.org</u> Oncology Financial Navigator at Grand View Health Cancer Center.
   She helps to support patients. Here's a great resource Copay Relief <a href="https://copays.org/">https://copays.org/</a>
- Megan Maurer Vice President at the YMCA Harrisburg
- Sandra Gamber <u>Sandra.gamber@elekta.com</u> Oncology Data Specialist from Elekta. She helps to collect cancer data that rolls to the state and national level. More info https://www.youtube.com/watch?v=VWtKsQvFKdA
- Diana Fox Senior Director at American Cancer Society New Clinical Trials Program coming at the end of January. More information to come.
- Jackie Nixon Dir. Mktg & Communications from CR3 Citizens for Radioactive Radon Reduction (CR3) Introducing a Library Lending Program and looking to connect with libraries for Radon Kits to be available. CR3 <a href="mailto:info@citizens4radonreduction.org">info@citizens4radonreduction.org</a> or <a href="mailto:info@citizens4
- Sally Lipsky Plant Based Pittsburgh visit website for info and events https://www.plantbasedpittsburgh.com/
- Kate Prosachik Hillman Cancer Control Specialist, helps with African American Self-Help Group which meets 3<sup>rd</sup> Friday from 12-1:30pm
- Jen Kehm Development and Program Coordinator at Cancer Bridges. Visit Cancer Bridges at www.cancerbridges.org
- Kate Konkle Penn State Cancer Institute Manager, Statewide Networks and Partnerships, Upcoming Oncology Summit on nutrition, mind, body, spirit – April 30<sup>th</sup>
- Colleen Dwyer Diehl from Cancer Bridges upcoming Living Life Post Cancer Treatment Program is a free 9-week program designed to help you bridge the gap between cancer treatment and life following cancer treatment. The focus is on exercise/movement, nutrition, medical management, and the emotions of having had a cancer diagnosis and now being done. The program is for anyone who has recently completed treatment. Program to start March 6<sup>th</sup> Cranberry YMCA, March 19<sup>th</sup> UPMC East and May 6<sup>th</sup> virtual program. Email colleen@cancerbridges.org for details.

# 7 Closing/Next Meeting

- February Workgroup Meeting – Thursday, February 20th at 8:15am