

1 Meeting Logistics

| Workgroup | Quality of Life & Survivorship Workgroup |
|-----------|--|
| Co-Chairs | Colleen Dwyer Diehl and Amy Jacobs |
| Date | Thursday, May 16 |
| Time | 8:15am |
| Location | Zoom |
| Purpose | Monthly Meeting |
| Notetaker | Colleen Dwyer Diehl |

2 Attendees (Name/Organization):

Stephanie Washburn - Living Beyond Breast Cancer

Stephanie Ciranni – Cancer Bridges

Kate Konkle - Penn State Cancer Institute

Brenda Anastasio - DOH

Sally Lipsky- Plant-Based Pittsburgh
Megan Maurer - Harrisburg Area YMCA
Amy Jacobs- Harrisburg Area YMCA

Colleen Dwyer Diehl- Cancer Bridges

3 Agenda

- Introductions of group leaders and attendees
- Completed update of the PCC Action Plan for Survivorship/Quality of Life Group
 - 1. Promote community education to increase knowledge about the growing cancer survivor population and issues surrounding cancer survivorship.
 - 2. Educate providers on best practices for follow-up, long-term and transition care for pediatric cancer survivors. (Later in the year approach ACCO and create one pager for Childhood Cancer Systems) & Educate Policy Makers and payors about the long-term physical and psycho-social needs of pediatric cancer survivors to promote continued affordable access to services
 - 3. Educate providers on the importance of routine wellness checks, screening, and risk reduction assessment (e.g. tobacco cessation, nutrition, and physical activity)
 - 4. Promote increased access to survivor wellness programs for pediatric and adults through expansion to rural communities, patient navigation, and community health worker education
 - 5. Use data to educate policy makers about the unique needs of cancer survivors and survivor health disparities
- Decided on new monthly meeting time 3rd Thursday of the month at 8:15AM



- 4 Welcome/New Members
- 5 Action Plan
 - Old Business
 - New Business
- 6 Open Member Sharing/Action Steps
- 7 Closing/Next Meeting

Next Meeting is Thursday, July 18th at 8:15am