Prostate Cancer & Men's Health: Why This Matters

A Fact Sheet for Faith Communities in Pennsylvania

Prostate cancer is the most commonly diagnosed cancer among men. When found early, it can often be treated successfully. Yet many men delay conversations about prostate health due to fear, stigma, or simply not knowing where to start. Faith communities can help make these conversations easier.

Churches and faith-based organizations are trusted places where people turn for guidance, support, and care. When faith leaders acknowledge health concerns that affect families, it can encourage people to seek information and talk with healthcare providers.

What Faith Communities Can Do

Faith leaders are not expected to be medical experts. Small steps can make a meaningful difference:

- Encourage men to talk with a healthcare provider about prostate health
- Share trusted information through men's ministries or family groups
- Include men's health topics in wellness or community events
- Offer support to individuals and families affected by cancer

Even simple awareness can help reduce stigma and promote early action.

Key Points About Prostate Health

- Prostate cancer risk increases with age
- Some men have higher risk, including Black men and those with family history
- Early prostate cancer often has no symptoms
- Screening decisions should be made with a healthcare provider
- Early detection can save lives

Pennsylvania Snapshot

- About **13,000 Pennsylvania men** are diagnosed with prostate cancer each year
- About **1,500 Pennsylvania men** die from prostate cancer annually
- **More than 1 in 5** prostate cancers in PA are found at a late stage

Our Goal

To work alongside faith communities across Pennsylvania to:

- Increase awareness of prostate cancer, and encourage informed health conversations
- Support men and families affected, and reduce stigma around men's health

Learn More or Connect:

Pennsylvania Men's Health Workgroup - Timely Screening, Early Cancer Detection, Prostate Cancer Screening

PA Prostate Cancer Coalition