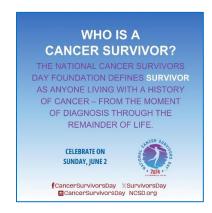
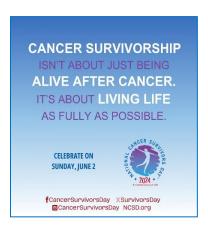
#### **PCC NEWSLETTER JUNE 2024**

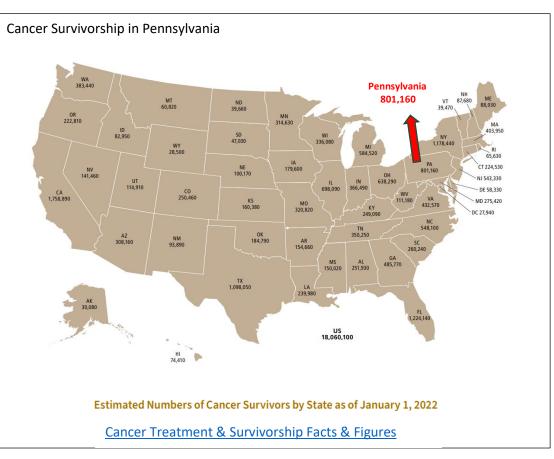


### **AWARENESS**

## June is National Cancer Survivor's Month





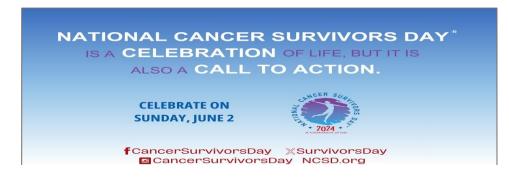


- According to the Pennsylvania Department of Health Cancer Statistic Dashboard, from 2013-2019 in Pennsylvania, the five-year net survival rate for all cancer sites was 65.6%.
- According to the National Cancer Institute's Division of Cancer Control & Population Sciences, in 2022, 69% of cancer survivors in the United States, lived 5+ years since their diagnosis.

#### **PCC NEWSLETTER JUNE 2024**

## **Survivorship Resources**





- <u>Cancer Survival Toolbox NCCS National Coalition for Cancer Survivorship</u> (<u>canceradvocacy.org</u>)
- Survivorship: During and After Treatment | American Cancer Society
- Palliative Care in Cancer NCI Palliative care is care meant to improve the quality of life of patients who have a serious or life-threatening disease, such as cancer. It can be given with or without curative care. Palliative care is an approach to care that addresses the person, not just their disease. The goal is to prevent or treat, as early as possible, the symptoms and side effects of the disease and its treatment, in addition to any related psychological, social, and spiritual problems. Patients may receive palliative care in the hospital, an outpatient clinic, a long-term care facility, or at home under the direction of a licensed health care provider. Anyone can receive palliative care regardless of their age or stage of disease.
- Palliative Care | American Cancer Society
- Resources and Information | Division of Cancer Control and Population Sciences
   (DCCPS) NCI's Office of Cancer Survivorship provides resources and information for
   many different audiences, including survivors and caregivers, researchers, health care
   professionals, and advocates.



## June is Men's Health Month



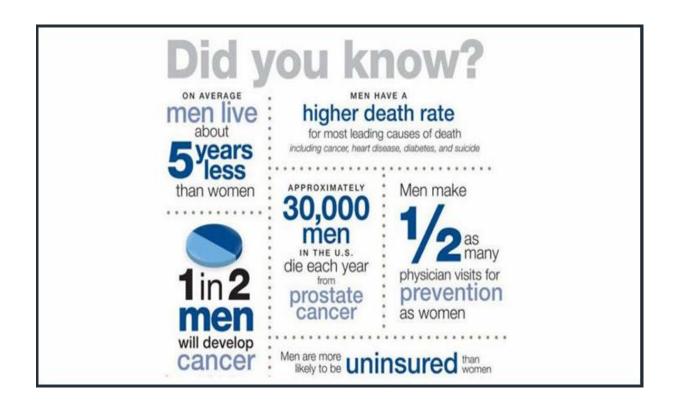
The month of June is all about the guys because it's the official Men's Health Month. The month also coincides with National Men's Health Week (June 10-16), a special awareness period recognized by Congress each year, and the #ShowUsYourBlue Wear Blue campaign on June 14<sup>th</sup>, where men and women are encouraged to Wear Blue on Friday to show their support for the health and wellbeing of men boys and men.

Follow this link for more information on the Wear BLUE campaign: <a href="https://www.menshealthnetwork.org/wearblue/">https://www.menshealthnetwork.org/wearblue/</a>

#### **National Men's Health Week**

As Men's Health Week approaches, it serves as a timely reminder for men to prioritize their well-being and take proactive steps to safeguard their health. While various health concerns affect men, cancer remains a significant threat. By understanding the unique challenges men face and encouraging early detection and prevention, we can make significant strides in improving men's health outcomes.

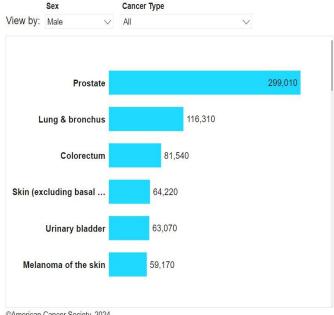
Leading up to National Men's Health Week, the Men's Health Network is providing a Men's Health Network Toolkit with resources for all this month's themes and important dates. Click the following link to access all the valuable resources available for Men's Health Month: MHM Toolkit 2024 (menshealthnetwork.org)



## **Men's Cancer Data- Pennsylvania**

#### 2024 Estimated New Cancer Cases

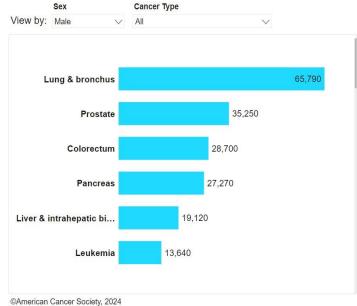
#### Cases by Cancer Type



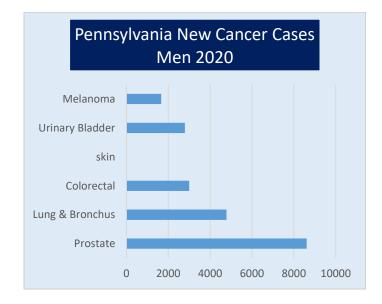
©American Cancer Society, 2024 Colorectum includes appendix. Urinary bladder includes in situ cases.

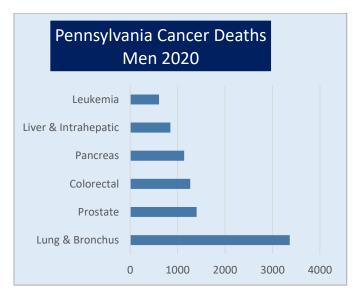
#### **2024 Estimated Cancer Deaths**

#### **Deaths by Cancer Type**



©American Cancer Society, 2024 Urinary bladder includes in situ cases.





PA DOH Cancer Dashboard

Cancer Statistics – Pennsylvania - All Cancer Sites Males & Females		
New Cases- 2020	36,421	35,982
Age-Adjusted Incidence Rate- 2020	445.3/100,000	396.6/100,000
Deaths- 2020	14,544	13,362
Age-Adjusted Mortality Rate- 2020	181.3/100,000	131.6/100,000
Five-Year Net Survival Rate	<mark>63.9%</mark>	67.1%
2013-2019		

PA DOH Cancer Dashboard

# Men's Health Event- June 19, 2024- 3:00-6:00 PM 6401 Penn Avenue, Pittsburgh, PA 15206

Join us at the UPMC Health Plan Neighborhood Center (East Liberty)!

The Community Outreach and Engagement office at UPMC Hillman Cancer Center will be offering health education about prostate and colorectal cancer risk factors, FREE health screenings, food, and more as we celebrate Men's Health Month.

Screening Options: (You can choose more than one screening option.) \*

- PSA (a blood test that measures the level of protein made by your prostate) \* Offered to the first 40 men registered
- Blood Glucose (the main sugar found in your blood)
- Cholesterol



#### **Men's Health Resources**

- Pennsylvania Cancer Coalition- <u>Pennsylvania Men's Health Workgroup Timely</u>
  <u>Screening, Early Cancer Detection, Prostate Cancer Screening (pacancercoalition.org)</u>
- Overview and Objectives Men Healthy People 2030 | health.gov
- Evidence Based Resources Men Evidence-Based Resources Healthy People 2030 | health.gov
- Men's Health Month, U.S. Department of HHS Office of Minority Health
- Men's Health Resource Center: Cancers
- Men's Health Network: Online Library
- CDC National Center for Health Statistics: Men's Health

## TRAINING, EDUCATION, & RESOURCES



ACS Inaugural Report Shows Mortality for Preventable Cancers Among Native Hawaiian and Other Pacific Islanders in U.S. is 2-3 times as High as

White People: American Cancer Society researchers highlight the need for disaggregated data to facilitate targeted cancer prevention and early detection within this fast-growing population.

- Link to the Facts and Figures Report: https://www.cancer.org/acs-aanhpi-2024.html
- Link to the Press Release: https://pressroom.cancer.org/releases?item=1319



## LGBTQ+ Voices: Listening to Sexual and Gender Minority People Affected by Cancer



LGBTQ+ people, also known as sexual and gender minorities (SGM), with cancer may face challenges that non-SGM people do not face. The breadth and depth of these disparities aren't well known, but there's growing research on the challenges this diverse group faces.

**Read the Story** 

#### **PCC NEWSLETTER JUNE 2024**

### **Q&A: Learning About the Cancer Care Challenges LGBTQ+ People Face**



Gwendolyn Quinn, Ph.D., a health psychologist at NYU Langone Health Perlmutter Cancer Center, discusses the challenges faced by sexual and gender minority people being treated for cancer and ways to address them.

#### **Read the Story**

## New Approach May Help People with Cancer Better Manage Depression, Pain, and Fatigue



Assessing and offering people with cancer stepped collaborative care may help better manage symptoms of depression, pain, and fatigue than the standard referral to providers for treatment, according to a recent study.

#### **Read the Story**

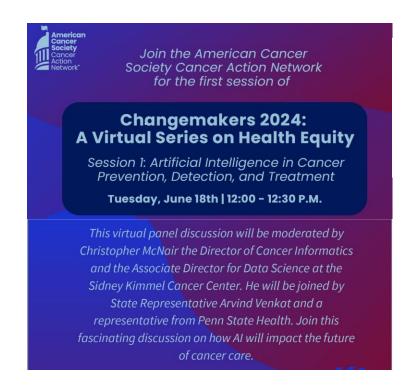


Examines access to cancer care at accredited hospitals in Pennsylvania due to expanded coverage under the Affordable Care Act (ACA). Analyzes patient characteristics before and after ACA implementation, with breakdowns according to sex, age, race/ethnicity, area deprivation, and urban, large town, small town, or rural location, among other characteristics. Provides commentary on ACA impacts for patients in nonurban areas.

Author(s): Lindsay M. Sabik, Youngmin Kwon, Coleman Drake, et al.

Location: Health Services Research

Date: 05/2024



Register for the Changemakers 2024: A Virtual Series on Health Equity <u>HERE</u>



## **2024 Pennsylvania Immunization Conference**

**REGISTRATION Is OPEN:** PIC 2024: 28th Statewide Pennsylvania Immunization Conference:

**DATE**: Thursday, June 13<sup>th</sup>, 2024. **TIME**: 8:30 a.m. – 4:30 p.m.

• 7:30 a.m.: Check in, Breakfast, Exhibits, & Network.

LOCATION: Hershey Lodge, Hershey PA.

- Attendance Options: Attend in-person or virtually (live course).
- PIC 2024 Is accredited, continuing medical education credits (CMEs)/Units are available.
- Conference Sponsorship/Exhibitor Options Are Available.

To Register for PIC 2020, Visit: https://ce.med.psu.edu/pennsylvania-immunization-conference/

## FUNDING OPPORTUNITIES\_



National Institute on Minority Health and Health Disparities Active Funding Opportunities Active NIMHD Funding Opportunities (nih.gov)

## **COALITION NEWS & ANNOUNCEMENTS**

### SAVE THE DATE!

## You don't want to miss the next PCC meeting on June 20<sup>th</sup>!

We are excited to announce that Dr. Raffy Luquis will be discussing "Cultural Intelligence". Dr. Luquis is a professor of biobehavioral health in the School of Behavioral Sciences and Education at Penn State Harrisburg. In addition to Dr. Luquis, Flint Huffman and Bryce Kahari from the National LGBT Cancer Network will also be presenting.



Register <u>HERE</u> for the June 20<sup>th</sup> PCC meeting, you MUST register to attend!

#### If you couldn't attend the PCC March 2024 Quarterly meeting, you can view it here:

- Part One features Dr. Bogen and Pennsylvania Data for colorectal cancer. <u>PCC Quarterly Meeting 20240314 090217 Meeting Recording (youtube.com)</u>
- Part Two features Nikki Hayes, Chief of the Comprehensive Cancer Control Branch, Division of Cancer Prevention and Control at the CDC. Also, a report from the PCC's colorectal cancer workgroup.

PCC Quarterly Meeting 20240314 101014 Meeting Recording (youtube.com)

#### **REMINDERS**

- Please send workgroup minutes and updated action plans to <u>RA-DHCAB\_PCC@pa.gov</u> to be uploaded to PCC website.
- Visit <u>Pennsylvania Cancer Coalition PA Cancer Control Plan, Resources, Research, Membership (pacancercoalition.org)</u> to view the 2023-2033 PA State Cancer Control Plan, update membership profile, or to access other important coalition information.

